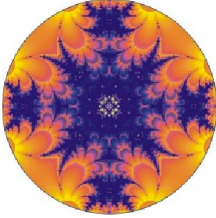


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Introduction to Transpersonal Astrology **Course Syllabus** **(individual or group instruction)**

Basic Overview of Transpersonal Astrology

Transpersonal Astrology, also called archetypal, depth, or psychological astrology, is a language of energy based on the ancient symbols of traditional astrology. In transpersonal astrology, *mind* and *sky* come together as one. Whereas traditional forms of astrology are deeply rooted in determinism and fate, transpersonal astrology allows for the freewill of the individual. Therefore, the planets, signs, and houses are considered neutral in transpersonal astrology. There are no malefic, bad, or evil planets or transits in transpersonal astrology. It is through consciousness and freewill that the individual gives positive, healthy expression to the astrological potentials showing. Likewise, the same potentials may find unconscious, negative, or unhealthy expression.

The system of transpersonal astrology provides a map of the psyche that, as Carl Jung discovered, can prove invaluable as a therapeutic tool used to enhance and accelerate an individual's process of healing and self-discovery. It is not an exaggeration to say that astrology is the most powerful psychological model available today. It allows for individual uniqueness far greater than other models of psychology. It includes recognition of the spiritual dimensions of consciousness and the transpersonal realms of the individual's connection to the collective unconscious—dimensions that most models of psychology deny or dismiss. In addition, astrology provides predictive methods that give it the unique ability to provide clear insight into the nature, meaning, and timing of an individual's process of development, both in their inner and outer life. This awareness can prove extremely helpful when it comes to self-understanding and making important, life-changing decisions.

The primary intent of this course is to accelerate the otherwise arduous process of learning astrology so that the student can effectively begin practicing astrology to heal and empower themselves and others. Students will be taught how to use astrology as a tool for psychological and spiritual growth. This class is ideal for anyone interested in learning astrology; it is especially useful to those involved in the healing arts.

Course Objectives

- ❖ To provide a solid foundation of astrology that the student can use to successfully practice and apply astrology in their life, both personally and professionally.
- ❖ Establish confidence and proficiency in the use of astrology to heal and empower oneself, one's family, friends, and clients.
- ❖ Learn the fundamentals of astrology without getting lost, confused, or overwhelmed by astrology's interlocking, symbolic language of energy.
- ❖ Develop the ability to comfortably navigate and talk about a natal chart.
- ❖ Receive instruction on how to conduct a successful astrological reading or counseling session.
- ❖ Learn the fundamental tenets that ensure effective, ethical, and psychologically non-destructive astrological counseling.
- ❖ Accelerate the process of learning astrology by incorporating a whole-self method of learning. Non-traditional learning techniques are used in the course to accelerate, deepen, and empower the learning process.
- ❖ Develop the ability to establish, or bridge, a connection with any natal chart. Explore how the right-brain and intuition can be used to enhance the depth and clarity of astrological readings and interpretations.
- ❖ Establish an empowering and rewarding relationship with your natal chart, your map of your mind that you can use to discover and unlock answers, new potentials, and opportunities in your life.

The focus of this class is on the application and the creative and effective use of astrology as a healing and self-discovery tool. In addition to covering the technical material necessary to practice astrology, the course also includes a strong experiential component. A primary objective of the class is to accelerate learning astrology by providing an engaging, creative, and dynamic course of study. Art, video, music, drama, body movement, dance, story telling, collage, visualization and guided imagery may be incorporated in and out of the class to help achieve the course objectives.

Lesson Outline

Note: The outline of this course is tentative and subject to revision.

Length of class sessions: To be determined TBD, 2 or 2 ½ hours.

Duration: 10-classes, class held once every 3 weeks.

Assignments: Recommended reading and optional homework (self-discovery) assignments will be given each week. Students are strongly encouraged to do the reading and homework exercises.

Materials: Students will be provided with all necessary copies of astrological charts needed for this class. Since each student will be working closely with his or her birthchart, each student is strongly encouraged to have their birth data available on or before the first class. Birth data includes: Date of birth, birth place, and birth time (often found on the birth certificate).

Cost: Individual instruction is \$75 per 90-minutes of instruction. Group instruction: TBD (*most likely \$25 per student per class*)

- **Week One:** Introduction to Astrology. The uses and applications of astrology for the healing and counseling professions. Overview and history of astrology. How astrology, like consciousness, has evolved. A look at the different ways astrology is practiced. Understanding the differences between transpersonal astrology and traditional/ancient astrology.
- **Week Two:** The Four Elements and Twelve Signs of Astrology Part 1. The four elements—the foundation to astrology. Introduction to the 12 signs, or archetypes, of the zodiac. Myth, psychology, and motivation of each sign.
- **Week Three:** The Twelve Signs of Astrology Part 2. The positive and negative expression of each sign. Learn and experience the essential nature, quality, and feel of each sign by developing a conscious relationship to each of the 12 archetypal energies.

- **Week Four:** The Planets, Nodes, and Asteroids. Understanding the personal, social, and transpersonal functions of the psyche. Brief introduction to the major and minor aspects. Planet and sign combinations.

- **Week Five:** Structure of the Birthchart. The twelve houses, the Ascendant (or rising sign), the four angles. Hemispheric emphasis.

- **Week Six:** Chart Integration: How to Interpret and Understand Planet, Sign, and House combinations. The art and science to reading an astrology chart. Locating chart patterns and themes.

- **Week Seven:** Applied Astrology Part 1: How to give an astrological reading.

- **Week Eight:** Applied Astrology Part 2: Astrological Counseling.

- **Week Nine:** Specific Applications of Astrology: Life Direction, Spiritual Direction, Love and Relationship Astrology, Karmic Past Storyline, Vocational Astrology.

- **Week Ten:** Introduction to Transits and Progressions: A Look at the Major Turning Points along the Journey. How transits and progressions work and how to interpret their meaning in relation to the natal chart.



About the Instructor

Mark Bancroft, MA is a practicing Transpersonal Astrologer and Holistic Hypnotherapist. Mark has been practicing astrology for 15 years and has over 18-years experience in personal, professional, and spiritual development. Mark is a graduate of John F. Kennedy University where he received a Master's Degree in Interdisciplinary Consciousness Studies. He is also a graduate of the California Institute of the Healing Arts and Sciences in Sacramento, CA, and is a graduate of San Diego State University. Mark is the author of 40 Holistic Hypnotherapy CDs and regularly teaches self-empowerment and astrology classes in Sacramento and the outlying areas. At his Grass Valley office, Mark offers hypnotherapy services, astrological counseling, wellness consulting, life coaching, biofeedback, meditation instruction, and spiritual counseling.

For more information about this class or the services Mark provides, please call (530) 274.2020 or visit www.MarkBancroft.com.